

Gluten Free Primary Autumn/Winter 2026-2027 Menu - Only serve products and ingredients that are shown on this menu.

Gluten Free Pizza – Use gluten free bread roll as base, top with homemade tomato sauce and cheese

Any desserts that are made with different ingredients to the standard menu can be batch baked. Freeze in a clearly labelled, sealed box.

W/C	Monday	Tuesday	Wednesday	Thursday	Friday
1 02.11.26 23.11.26 14.12.26 18.01.27 08.02.27 08.03.27	Chicken in a Homemade Tomato Sauce Rice Sweetcorn & Broccoli Gluten Free Chocolate Cookie (use Middleton's mix)	Chicken with Gravy Potatoes Peas & Carrots Gluten Free Cookie (use Middleton's mix) & Fruit	Roast Dinner with Gravy (no stuffing) Shepherdless Pie Mashed Potatoes Carrots & Cabbage Gluten Free Muffin (use Middleton's mix or GF flour)	Big Breakfast Hash Browns Baked Beans & Tomatoes Jelly with Fruit	Gluten Free Fish Fingers Chips Peas & Sweetcorn Gluten Free Sponge Cake (use Middleton's mix or GF flour) with Custard
2 09.11.26 30.11.26 04.01.27 25.01.27 22.02.27 15.03.27	Chicken Curry Rice Sweetcorn & Broccoli Gluten Free Chocolate Cookie (use Middleton's mix)	Beef Burger in a Gluten Free Bun Potato Wedges Peas & Carrots Choice of Mousse	Roast Dinner with Gravy (no stuffing) Mashed Potatoes Carrots & Broccoli Gluten Free Sponge Cake (use Middleton's mix or GF flour)	Gluten Free Pizza (use recipe above) Gluten Free Pasta or Potato (optional) Green Beans & Sweetcorn Gluten Free Chocolate Cookie (use Middleton's mix) & Fruit	Gluten Free Fish Fingers Chips Baked Beans & Peas Gluten Free Sponge Cake (use Middleton's mix or GF flour) with Custard
3 16.11.26 07.12.26 11.01.27 01.02.27 01.03.27 22.03.27	Chicken with Mashed Potatoes & Gravy Carrots & Broccoli Gluten Free Sponge Cake (use Middleton's mix or GF flour)	Savoury Mince Loaded Potato Tots Sweetcorn & Peas Gluten Free Cookie (use Middleton's mix) & Fruit	Pork Sausage with Gravy (no Yorkshire) Mashed Potatoes Carrots & Cauliflower Gluten Free Muffin (use Middleton's mix or GF flour)	Plain Chicken with a Homemade Sauce Veggie Bolognaise Gluten Free Pasta or Rice Green Beans & Sweetcorn Gluten Free Cookie (use Middleton's mix) & Fruit	Gluten Free Fish Fingers Chips Baked Beans & Peas Gluten Free Sponge Cake (use Middleton's mix or GF flour) with Custard

Gluten Free Bread, fresh fruit & yoghurt available daily