

Solihull Parenting Approach

What is the Solihull Parenting Program?

Solihull Approach is a **10-week parenting group for parents with children from universal to complex needs and aged 0-18 years**. It is based on the Solihull Approach model of containment, reciprocity and behaviour management and uses social learning theory in the design of the parenting programme.

How long is a parenting course?

You must attend a parenting program which may last **up to three months**. The program will help you deal more effectively with your child's behaviour and provide support and guidance.

How do I apply?

Referral is through an Early Help Assessment by the school Family Support Worker. We then send to starting point requesting the Solihull course.

Parents can self refer by emailing:

earlyhelp@brackenfield.derbyshire.sch.uk

Or by accessing the link below:

[Brackenfield School](#)