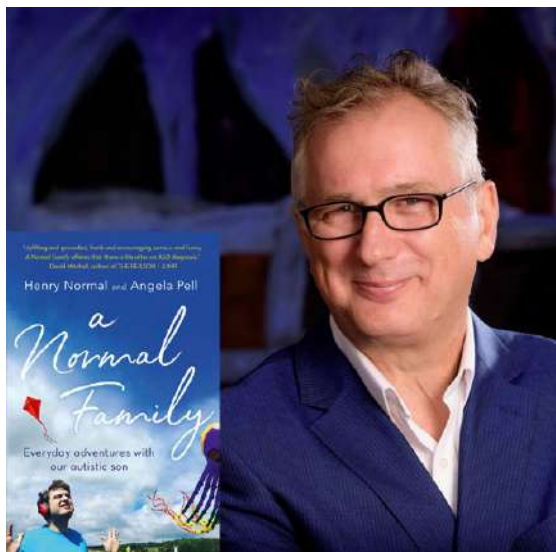




Derbyshire Autism Services

Unit 3a Unicorn Business Park, Wellington Street
 Ripley, Derbyshire DE5 3EH
 Tel: 01773 741221
 email: enquiries@derbyshireautismservices.org
www.derbyshireautismservices.org

What's On! June 2019



A NORMAL FAMILY: EVERYDAY ADVENTURES WITH OUR AUTISTIC SON

4:00pm - 5:00pm - Saturday 8 June

Johnny is twenty. He likes music, art and going to the beach. He is also autistic - in his case that means he will probably never get a job, never have a girlfriend, never leave home. This is what his father, TV producer and comedy writer Henry Normal has been trying to come to terms with.

This is a book for anyone whose life has been touched by autism: the hope, despair and its messy, honest, sometimes funny day-to-day world.

Contact the QUAD at Derby for tickets (01332 290606) or use the link below

<http://www.derbybookfestival.co.uk/whats-on/a-normal-family-everyday-adventures-with-our-autistic-son/>

Please be aware that we publish information that we think might be of interest/benefit to our readers, but we have no direct connection or responsibility for services advertised by others.

Adult Social Group meetings.

Please contact the office on 017733 741221 for a registration form and date details

Month	Derby	Chesterfield
June	<i>Social Session 1pm – 4pm</i> Saturday 1pm to 4pm	<i>Social Session</i> Saturday 1pm – 4pm
July	<i>Shopping – Intu Centre Derby</i> Saturday 12.30pm-4.30pm	<i>Shopping - Meadowhall. Sat.</i> 12.30pm-4.30pm
August	<i>Cinema</i> Saturday 12.30pm-4.30pm	<i>Bowling</i> Saturday 12.30pm-4.30pm
September	<i>Social Session</i> Saturday 1pm – 4pm	<i>Social Session</i> Saturday 1pm – 4pm
October	<i>Bowling</i> Saturday 12.30pm-4.30pm	<i>Laser Quest</i> Saturday 12.30pm-4.30pm
November	<i>Laser Quest</i> Saturday 12.30pm-4.30pm	<i>Cinema</i> Saturday 12.30pm-4.30pm
December	<i>Christmas Party</i> Saturday 1pm – 4pm	<i>Christmas Party</i> Saturday 1pm – 4pm

Parent / Carers Support Group meeting

Ripley,

Thursday 27th June 19:30 to 21:30

Call Julie Baker 07811 516261 or Fiona 07784 356153 for info.

Useful Numbers

DIASS (Derbyshire Info, Advice & Support for SEND	01629 533668
Derbyshire Safeguarding	01629 532600
Call Derbyshire (Derbyshire Adult Social Care) (Support Assessment)	01629 533190
Derby City Adult Social Care (Support Assessment)	01332 640777
Derventio Housing Trust (Housing,Employment)	01332 292776
DBC (Training, Employment)	01332 295588
Derbys County Council Support Services for Special Educational Needs	01629 532722
STEPS Derby City Childrens Support	01332 641400

Frantic Families

The Frantic Families group offer support to families with children who suffer ASD / ADHD. They provide a non-judgemental safe place where families can share experiences so they understand they are not alone. The group will be meeting from 10.00am at St Andrews Church Hall, Station Road, Langley Mill. To find out more about the group, contact: Tracey: 07811 250555, Leigh: 07903 500233 or Gary: 01332 623700

Understanding Eating Difficulties and Disorders



First Steps is Derbyshire's only eating disorder charity. We support those affected by eating difficulties and disorders - this includes parents, partners and families - via support groups, online and telephone support and complementary therapies. Our support groups are non judgemental, welcoming and there is no pressure to participate.

t: 01332 367571 e: info@firststepsed.co.uk <http://www.firststepsed.co.uk>

FREE HELP FOR CARERS OF PEOPLE WITH A LEARNING DISABILITY Go Get It.

Offers carers the choice of 'one to one' coaching in stress and anxiety management, career development, health improvement and/or up to 10 hours home based training on how to best use tablet devices, smart phones, social media, getting online and I.T. training.

Get It Together. Offers Carer groups **free 'start up, or grow packages'**.

Our development packages provide groups with promotional support, including free web page set up and design, group speakers, constituting and membership development

'One to one' sessions '**Go Get IT**', and group support service '**GET IT TOGETHER**', are free.

Register your interest by calling the Helpline on 0845 8150139 or online at www.ldcarersdirect.com.

Free legal advice for residents in Derbyshire

Chesterfield Law Centre is a registered charity that was set up in 1989 to provide free legal advice to Derbyshire residents. With funding from Derbyshire County Council, Legal Aid Agency and the Big Lottery Fund (Advices Services Transition Fund), Derbyshire residents will now be able to get free legal advice from eight offices throughout Derbyshire – Alfreton, Bolsover, Buxton, Clay Cross, Ilkeston, Matlock, Ripley and Staveley.

The Law Centre has a team of solicitors and advisers who provide free legal advice, assistance and representation on a range of housing and employment issues to tenants and employees such as prevention of homelessness and evictions, redundancies and dismissals.

John Duncan, Chair of Chesterfield Law Centre's Management Committee said: "*With funding from Derbyshire County Council, Legal Aid Agency and the Big Lottery Fund, we are proud to be able to provide free specialist legal advice in housing and employment across Derbyshire.*"

For free advice on employment, housing and homelessness matters, contact **freephone 0800 707 6990**. For more information about this article, please

Your Own Space

Are you a parent/carer or know
someone who cares for some
one with Autism?

Do You Feel Isolated and would
you like to meet other parents,
carers for some informal
Support and Social Opportunities

We are parents/carers
who want to set up a
support group run for and by
each other.

If you feel this is you.

Contact

Julie Baker 0781 1516261

Fiona Trotter 07784356153

Family Dog Workshops in Leicester

Workshops for parents /carers of a child aged between
3 - 16 years old with a clinical diagnosis of autism.



Family Dog Workshops are ideal if you:

- Are at the early stages of considering getting a dog to help your autistic child
- Know that you want to get a dog and are looking for help choosing and handling a dog
- Already have a pet dog but would like training ideas and support

The series of three one day workshops use a combination of practical demonstrations, discussions, hands on learning and course hand outs.

Following the workshops, ongoing support is available to families including telephone support, online resources, and a private Facebook group.

Find out more and book: www.dogsforgood.org/family-dog

Date:

17th October, 14th November & 12th
December 2019

Venue:

Quorn Village Hall, 64 Leicester Road,
Quorn, Leicester LE12 8BB



Support Meetings What's on:

Welcome to the Grapevine Wellbeing Centre

The Grapevine Wellbeing Centre is open to all people who want support and help with their mental wellbeing. It is a resource centre providing access to a wide range of helpful services, activities and support.

At the Wellbeing Centre we have experienced volunteers who are always happy to listen and help out where they can. If they can't help they will point you in the right direction and guide you to the most suitable alternative services.

The Grapevine Wellbeing Centre is located at:
15, Scarsdale Place, Buxton and is **open every weekday from 12.30pm to 3.30pm.**

Drop in for a drink, a chat and to catch up with Grapevine news, events and group activities.
Help and advice is always on hand.

Cypress Support Groups

Supporting Parents and Carers of children and young people with additional needs and/or disabilities. To find out more about Cypress Support Groups and the times, venues and upcoming dates of your nearest group visit the website at: www.cypress.org.uk or call: 07990731477

Parent /Carer support group for ASD/ADHD in Chesterfield

This group is run with the support of Derbyshire Carers.
We meet at **St Thomas's Centre in Brampton, Chesterfield S40 3AW**
on a Tuesday once a month 9.30 - 11.30am.
We are quite an informal group and sometimes have speakers to come and talk to us.

For more information please contact Clare Griffiths on:
claree73@gmail.com or Derbyshire Carers at 01246 222373

Derby City Parent Carer Forum

We are a group of parents and carers of children & young people with disabilities and additional needs from Derby City. Our children are of various ages ranging from new born to 25 years of age. We are interested in making a difference and ensuring our children have the best future possible.

For more information call: 07733500336
or visit <http://www.derbycityparentcarerforum.org.uk>



**Special
Olympics
Derbyshire**



A new club aimed at people with intellectual disabilities

- Learn to play badminton
- Get Fit
- Have fun
- Make new friends



Weekly sessions held at the Derby Arena
Wednesday evenings 7:00pm – 9:00pm
The first session is free



- Weekly coaching sessions & gameplay
- Develop your game in a friendly & safe environment
- Play with friends and meet new people
- Have the opportunity to play (Singles, Doubles & Mixed)
- Badminton England Level 1 Coaches
- All Staff have enhanced DBS (formally CRB)
- All ages and abilities welcome



Contact Anthony for more information



07919 184 295



SpecialOlympicsDerbyshire



awyat123@btinternet.com



A not-for-profit company from  money

Why not use Virgin Money to promote your fundraising activity and ask your friends and colleagues to donate to the DAS on-line. **Direct Debits can also be set up, for further details please contact the office on: 01773 741221.**

Thank you once again

Autism Friendly
Water Meadows Swimming Club Water Meadows
Mansfield NG18 1BA

This Saturday Swimming Club is organised by one or our Parents and has been running for the past 6 years. The cost is £12 per group of up to 5 people. If you would like to join please contact: Kathryn Brown on 07825 396 378. **Dates are as follows:**

1st June and 6th July 2019 6.45pm-7.45pm

Derbyshire Independent Community Advocacy Service

Contact Us:

Telephone: 01332 623732

Email: enquiries@derbyshireindependentcommunityadvocacy.org.uk

Website: www.derbyshireindependentcommunityadvocacy.org.uk



Give as you Live™

The "Give as you live" website brings together thousands of online retailers that have all signed up to donate a percentage of every purchase you make to us at no cost to you.

When you download "Give as you live" and sign in using your Everyclick account, or create a new one nominating "Derbyshire Autism Services Group" as your preferred charity. When you shop directly with one of the retailers listed they will donate a percentage of your purchase to us. The average internet shopper can raise £25 in one year, without any extra cost to themselves. It's quick to install and is 100% secure, so why not give it a try.

ACTIVITIES & EVENTS

THINGS TO DO & PLACES TO GO

TRAMPOLINING SESSIONS AT RIPLEY

For young people with additional needs. Qualified and experienced coaches. General supervision to be provided by parent/carer.

At Ripley Leisure Centre, Derby Road, Ripley. Saturday at 11.15 am, only £4.00 per session. Please contact Vanya Currell or Ripley Leisure Centre on: 01773 514727 and leave a message for Tracy to call you.



Ilkeston 1st Bowl

DASG members can bowl at the reduced cost to them of £2.50 each, per game, Monday – Sunday at anytime

Social Night—Over 18s

A social evening is held for the over 18's with additional needs at Hacketts, 8 King Street Belper (behind Boots) on the third Wednesday of each month between 7pm and 10pm.

There is no entrance fee.

A typical evening will be a disco, karaoke and an ever popular raffle. Drinks are available to purchase at the bar.

Further details are available from Elaine 07527364947.



Dimensions

Disco (Over 18s only). Disco for people with learning disabilities at

The Venue Night Club, Abbey Street, Derby. The 1st Monday of the month from 7pm-10:30pm. Contact: Shelly Burton on 07721 384920 or

Discos

Social Night at Hacketts Bar in Belper - social night for adults (18+) with learning disabilities. The 3rd Wednesday of the month 7-10pm. No entrance fee. A typical evening will be a disco, karaoke and an ever popular raffle. Drinks are available to purchase at the bar. Contact Elaine on 07527364947.

Dimensions Disco - disco for people with learning disabilities at The Venue Night Club, Abbey Street, Derby. The 1st Monday of the month from 7pm-10:30pm. Over 18s only. Contact Shelly Burton on 07721 384920

or michelle.burton@dimensions-uk.org

Just Good Friends - night club event for people with learning disabilities at Escapade, Cavendish Street, Chesterfield. Over 18s only. Contact 07599 076866 or 07599 076868.

Just Good Friends

A nightclub event for Adults with Learning Disabilities

NIGHTCLUB EVENT

Tuesday 4th June

7.00pm – 11.00pm

The **Vibe**, Chesterfield

**** £5.00 each ****

If you want to book a ticket or have any queries please ring

Tel: 01246 913267

075990 76866 or 075990 76868

Quotes from some 'clubbers' "Nice to meet up with my friends"
"A brilliant night" "Best night ever" "Wicked" "Fantastic"

OVER 18's ONLY

Just Good Friends Nightclub event is a friendly, inclusive evening, but we can't offer one to one support, so if you need assistance, your friend or carer will need to buy a ticket too.



find us on Facebook jgfc club



Fully Accessible

Derbyshire Home from Hospital Support Service



The Derbyshire Home from Hospital Service provides practical support for vulnerable people leaving hospital, or those living at home but at risk of being admitted.

Who can use the service?

Anyone who lives in Derbyshire (outside Derby City) or is registered with a GP in Derbyshire and has limited support from family or friends.

What sort of help does the service offer?

- Undertaking simple shopping
- Making sure the home environment is warm and comfortable
- Arranging for key safes to be fitted and community alarm or telecare systems to be provided if needed
- Supporting people to pay bills and make appointments
- Collecting medication prescriptions
- Helping people to find out about and access community activities to keep them connected to their communities
- Helping people to understand care options and plan what they need for the future
- Signposting people to other statutory, voluntary sector and community organisations as appropriate.



Who can make referrals?

Anyone can make a referral including self-referrals.

How to make a referral:

Please call **01283 817417** Monday to Friday, 8.30am - 4.30pm (an answerphone is available outside these hours) or email home@dhfh.org.uk.



Outdoor Cinema Experience -

Venue details

Rufford Abbey Country Park

off Old Rufford Road

Ollerton

Nottinghamshire

NG22 9DF

Telephone: 01623 821 338

E-mail: ruffordabbey@parkwood-leisure.co.uk

Booking details

Advance booking is essential.

Onsite Parking £10 per vehicle* (pre-booking is essential as no vehicle will be allowed access to

Disney's Frozen

Saturday 8th and Sunday 9th June and 2019 9.30am to 1.30pm Rufford Abbey Country Park (£10.00 per vehicle parking)

Let's let it go together at our special screening of the popular Disney film Frozen. We will be running a competition for the best dress. Come ready to sing a long! Onsite Parking £10 per vehicle* (pre-booking is essential as no vehicle will be allowed access to the parking area without a pre-paid ticket.) Gates Open: at 9.30am Showing Starts: 11.30am (daytime LED screen) Approx finish time: 13:30pm

Organised by: Parkwood Outdoors

Time guidance

Gates open at 9.30am. Showing starts: 11.30am. Approx finish time 13:30pm

Bohemian Rhapsody

Friday 7 June 2019 6pm to 9.45pm Rufford Abbey Country Park (Free)

Saturday 8 June 2019 6pm to 9.15pm Rufford Abbey Country Park (Free)

Don't stop me now, if you wanna have a good time! Enjoy an amazing outdoor cinema experience at Rufford Abbey Country Park for Free. We will be showing the fantastic foot stomping Bohemian Rhapsody! (12A) Bring your blankets or camping chair and watch Bohemian Rhapsody on a giant LED cinema screen with the backdrop of the impressive Abbey ruins. Onsite Parking £10 per vehicle* (pre-booking is essential as no vehicle will be allowed access to the parking area without a pre-paid ticket.) Gates Open: 18.00 Showing Starts: 19.30 Fri, 19:00 Sat Approx finish time: 21.45 Fri 21:15 Sat

Organised by: Parkwood Outdoors

Suitable for

12A Certificate

The Greatest Showman

Bring your blankets or camping chair and watch The Greatest Showman on a giant LED cinema screen with the backdrop of the impressive Abbey ruins. Onsite Parking £10 per vehicle* (pre-booking is essential as no vehicle will be allowed access to the parking area without a pre-paid ticket.) RATED PG Gates Open: 18.00pm Showing Starts: 19.00pm Approx finish time: 21.15 - 21.30pm

Organised by: Parkwood Outdoors

Suitable for

PG rating.

Time guidance

Gates open 6pm Showing starts 7pm. Approx finish time 9.15pm - 9.30pm